

HOSPITALITY & TOURISM PROGRAMS

CULINARY FUNDAMENTALS

Certificate of Occupational Training

17 credit hours

The Culinary Fundamentals program is designed to equip students with basic skills in culinary arts. The program provides instruction in culinary concepts and terminology, kitchen safety and sanitation, equipment usage, basic nutritional guidelines, standard and metric measurements, food costing, and theory and practice in the production of culinary products. Courses emphasize fundamental cooking techniques and preparation methods for hot foods, breakfast items, salads, sandwiches, dressings, breads, and pastries.

Upon completion of the certificate students will be able to:

- Identify proper ServSafe sanitation and safety practices.
- Demonstrate proficiency in basic culinary weight and volume measuring and proper recipe conversion, including high altitude adjustments.
- Demonstrate basic cooking techniques.
- Demonstrate basic baking techniques.
- Demonstrate proper knife care and handling.
- Prepare hot and cold appetizers and demonstrate how to properly display on a buffet.
- Properly demonstrate Food Costing and Menu Pricing.
- Design and prepare a well-composed dinner plate.

Any student who is ineligible for state, national, or industry licensure or certification is ineligible for entry into this program.

Institutional and Related Requirements –

Not applicable

Program Requirements – 17 hours

BUSA 1130 – Business Professionalism (3)
HLED 1110 – American Heart Association Heart-saver First Aid & CPR/AED (1)
HRTM 1120 – Intro to Hospitality and Tourism (3)
HTCA 260 – Sanitation and Safety (1)
HTCA 262/L – Food Prep 1 (4)
HTCA 263/L – Food Prep 2 (4)
HTCA 289 – Internship (1)

New Mexico General Education Curriculum (NMGEC) –

Not applicable